



TRANSFORMATIONS | *Restoring Health, Transforming Lives*



SPRING 2019

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Our mission is to provide quality, holistic medical care to homeless people who need a safe place to heal, while assisting them in breaking the cycle of homelessness.

Center for Respite Care
P.O. Box 141301, Cincinnati, OH 45250

From Medical Recovery to Independence

The Center for Respite Care’s new location has provided increased capacity for the medical recovery and case management program to expand its focus on helping each of our clients not only transition to self-sufficiency but also upon discharge, each will have learned skills to support activities of daily living. This effort is supported by the Center’s many volunteers. Here are some of the ways you all help move clients from Medical Recovery to Independence.

Pictured above, is Dr. Beth Collins Stern. Beth is a psychotherapist who volunteers her time to sit and converse with clients about their concerns. She leads a monthly group session focused on life after discharge from the Center, as well. Former clients also come and share in the conversations, fostering mutual peer support.

Danielle Seurkamp, with The Asset Advisory Group, provides classes on budgeting and money management. Nursing students from Northern Kentucky University, Xavier University and Christ Hospital’s College of Nursing come, share activities with the clients and shadow the medical staff.

A volunteer, who wishes to remain anonymous, donated funds for our three client computers. This volunteer also supports the meal program and regularly coordinates arts and crafts activities.

Transformation Awards
2019
Thursday, October 17
Cintas Center - 6:00pm

HONOREES
Mr. Roger Grein
Sr. Bonnie Steinlage, SFP
Freestore Foodbank
Hyde Park Community UMC
(Volunteer of the Year)

Center for
RespiteCare
Homeless Medical Recovery



Message from the Chief Executive Officer **Laurel Derks Nelson**

It's hard to believe that the Center for Respite Care has been in its new location for well over a year. Your generous support made for a successful move and has allowed for increased capacity, going from 14 to 20 beds and more room for educational and recreational activities. Several articles in this spring issue of *Transformations* highlight these efforts.

We give you some background on this year's Transformation Awards honorees on page three, introducing you to the wonderful work they do in the wider community to positively transform it. Save the date, Thursday, October 17, and come join the celebration at Xavier University's Cintas Center.

In the 2018-19 fiscal year, which closed March 31, 111 clients were served. The average length of stay was 43 days. 80% of clients in the Medical Recovery/Case Management programs successfully completed a medical treatment and care plan including meeting or exceeding goals and objectives set by the client and the team during the first days of admission. 77% of clients transitioned to housing, treatment or other stable placement upon completion of medical treatment. We are on track to serve 130 clients in this fiscal year.

Faced with blindness, he found humanity **By former client, Joseph Harmon**

With a doctor's order every two hours, imagine trying to maintain employment while maintaining an eye drop regiment this precise – or risk literally losing your eye. My living did not include a haven to properly heal. The hospital social worker said seven words that changed my life, "Give me a second, I'll be back..." She got me into the Center for Respite Care, a medical recovery facility where homeless individuals with acute medical conditions can recover. This was crucial as my eye drops required refrigeration and nurse attentiveness to ensure I took them as prescribed. These people have been my saving grace. Additionally, they aided me in getting income and helped me to find housing. I was also able to graduate Cincinnati Cooks. I intend to start working as soon as I am medically cleared and enroll in Cincinnati State to follow-up with my culinary goals.



Excerpted from a Cincinnati Enquirer opinion article printed March 18, 2019

Transformation Awards 2019 - Meet this year's honorees!



Mr. Roger Grein is successful businessman, internationally recognized softball coach, one of Cincinnati's great philanthropy ambassadors, and founder of *Magnified Giving*, whose mission is to educate, inspire and engage students in philanthropy, and to touch the hearts and minds of teens, lighten the concerns of others, and magnify the impact of philanthropy. An entrepreneur since age seven, Roger made his first, significant philanthropic contribution as a young teenager and has been freely giving of his time, talent and treasure for the past sixty years.

Sr. Bonnie Steinlage, SFP is a Franciscan Sister of the Poor. She has ministered as a nurse and hospital chaplain. One Ash Wednesday, words from the gospel moved her deeply. "When you pray, wash your face and comb your hair..." She felt called to provide those services for those who have no access to them. She enrolled in cosmetology school and founded Franciscan Haircuts from the Heart. In the past 25 years she has enabled over 50,000 poor and homeless people to look good and feel good about themselves again – one person at a time.



The Freestore Foodbank is the largest emergency food and services provider to children and families in Greater Cincinnati, Northern Kentucky and Southeast Indiana. The organization distributes 24 million meals annually to low-income individuals and families. By providing emergency food distribution, the Freestore responds to the issue of poverty and food insecurity in our community and provides an array of services (emergency clothing, housing services, SNAP assistance, Medicaid outreach and others) aimed at creating self-reliance.

Hyde Park Community United Methodist Church is a vibrant faith community organized in 1879. (from a recent Facebook post) "The people of Hyde Park Community first made their commitment public in 1927 that this faith community is open to ALL. This was a radical statement at the time, and 92 years later, it is a radical statement in the United Methodist Church. We continue to be committed to following Jesus by welcoming and including ALL at Hyde Park Community." Hyde Park Community UMC has been a long-time supporter of the Center's mission both financially and through various volunteer efforts on a monthly basis. The congregation is the Center's *Volunteer of the Year*.





Christ’s Church in Mason sent a team to provide and share a meal with the Center’s clients. Then they brought Spring to the client courtyard with colorful pots and plantings! In total, 276 folks volunteered at the Center during fiscal year 2018-19, up 7% from two years ago. Total volunteer hours were 2,896, up 6%. The value attributed to the Center’s volunteer energy was \$73,040, up 8%. You make it happen. We can’t thank you enough! .



(WASHINGTON, April 11, 2019) – Today, Independent Sector announces that the latest value of a volunteer hour is \$25.43 – up 3% from the previous year. That figure, estimated from data collected in 2018, shows the incredible contributions volunteers make to their communities and our country.

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CenterForRespiteCare.org



crchelp.org



@HomelessRespite



CenterForRespiteCare

VOLUNTEER OPPORTUNITIES:

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